



GAME RULES

The In and Out Kickoff will use NCAA rules as a guideline with the following exceptions.

All rules of play are based on **NCAA rules** with the following exceptions.

No Dives.

No Shot Clock.

GAME OPERATIONS:

- **10-minute running** quarters.
- **Timeouts:** 1 timeout per game, timeout is 1 minute and 30 seconds in duration and officials will stop the clock on timeouts. Timeouts are only called as per NCAA rules once the team calling the timeout has possession in their offensive box.
- 1 minute between quarters
- Halftime will be 2 minutes
- Warmup will take place prior; games will start as soon as teams get to field.
- Overtime is one 4-minute period. If game is not settled after 1 period, it will end in a tie.

CLEARING COUNTS – NCAA counts will be in effect for 2024-2026. 2027 and 2028 will have counts but they will not be enforced. This will allow the players to learn how to play with counts, without being penalized.

STICKS – **BOTH NCAA & Federation sticks are legal**

if stick measures **less than 6 1/2” across the top of the head**, stick will be checked in all aspects of legality as a NCAA stick.

If stick measures **6 1/2” or more across the top of the head**, stick will be checked in all aspects of legality as a Federation stick

Stick Length:

2026: 40" - 42" or 52" – 72"

2027/2028: 36" - 42" or 52" – 72"

SPECTATORS –

- ONLY immediate family is allowed to attend. Parents, Step-Parents, and siblings
- NO spectators are allowed in the bleachers, as they are closed by the park
- NO spectators allowed behind either team bench
- We encourage all spectators to practice social distancing throughout the day

All other NCAA Rules are in effect, including:

- Contrasting tape is **NOT REQUIRED** for face-off players
- Time outs / Flag Down play
- Shot Clock on lengthy possession without attempt to go to goal
- **Faceoffs (including 3 violations & ball stuck or carried on rear of stick)**
- Backcourt (in & back)

PLAYER SAFETY: HIGH HITS

Re: VIOLENT COLLISIONS – Body contact will be permitted in the Summer Invitational as it is at all levels of boys' youth lacrosse. Sports medicine research indicates that the severity of certain injuries may be reduced if a player can anticipate and prepare himself for an oncoming hit, and other sports medicine research indicates that **peripheral vision may not be fully developed in many boys before approximately age fifteen**. Therefore, there is no justification for deliberate and violent collision by any player at any youth level, especially intentional player-to-player collisions with defenseless players (so-called "blind side" and "buddy pass" checks), checks involving the head and/or neck, and excessive body-checks ("take-out checks").

Therefore, the rules going forward mandate that Officials apply these violent collision rules and utilize the most severe penalty option; **game ejection**. Millon Events understands there could be/will be improper ejections. Although we hope not to have this, we all must understand if it happens it's in the interest of player safety. Your players and your families need to be instructed, taught, and these rules need to be clearly understood prior to Saturday June 27, 2020. *Player may or may not be allowed to return for the next game depending on severity of play, decision made my head of officials.*

Explanation of these type ejectionable fouls/infractions:

- Any hit delivered with over 3 steps
- Any hit delivered with hands to players head
- Any hit delivered to a player's head or neck including follow through

- A player leading with the head or initiating contact with the head INCLUDING the ball carrier
- Any hit delivered on a player in a vulnerable or defenseless position
- again, coaches MUST teach players to avoid delivering uncontrolled, excessive, or illegal checks, and support the officials when they penalize such checks
- PLEASE keep in mind ALL other NCAA rules violations on hits from behind, pushes etc. are in effect as always

SLASHING – Egregious and uncontrolled slashing is a problem in the sport and especially youth lacrosse. The ONLY permissible check with the crosse is on the opponent’s crosse or his gloved hand on his own crosse. Thus, any blow with the crosse anywhere else on an opponent is SLASHING and must be called. A slash to the head or neck could potentially incur a two- or three-minute non-releasable penalty. I urge coaches to teach proper and legal checking techniques with the crosse, and officials to strictly enforce the slashing rules.

SPORTSMANSHIP – Players, coaches, and spectators should exhibit the highest level of sportsmanship at all times. Coaches and officials should be partners in providing the best possible lacrosse experience for youth players. Unsportsmanlike conduct by coaches and/or players and/or spectators degrades the experience of youth players, discourages people from becoming or continuing as officials, and erodes the integrity and appeal of the sport. Therefore, unsportsmanlike conduct will not be tolerated. Obscenities need not be used in order for language to draw a penalty. Tone, intent, and body language can all contribute to unsportsmanlike conduct. US Lacrosse expects officials to enforce the Unsportsmanlike Conduct rules without hesitation.

FAMILY BEHAVIOR – Any parents, friends, grandparents etc. acting in an inappropriate, crude, or unsportsmanlike manner is subject to an ejection. Said ejection could result in removal from the grounds at Troy Park at the discretion of the tournament director. This includes but is not limited to foul language, taunting other teams or their coaches, taunting other parents in the stands, and taunting or berating an official. This is a great event for the teams that should in no way be negatively impacted by parents and their behavior. Please make your parents aware of this rule prior to the event, as there will be no “second chances” if they were not made aware of the rule. If behavior continues after sanctioning takes place, team could face penalty time enforced through the refs or disqualification from the event.

Coach name: _____

Coach signature: _____ Date signed: _____